American Water Newsroom

American Water Shares Holiday Tips for Safe Disposal of Fats, Oils, and Grease

Keep your pipes clear—give thanks, not clogs

CAMDEN, N.J. – NOVEMBER 18, 2025 – American Water (NYSE: AWK), the largest regulated water and wastewater utility company in the U.S., wants to help customers and the general public protect their residential plumbing and wastewater systems by providing important tips for disposal of Fats, Oils and Cooking Grease (FOGs).

"Protecting your pipes isn't just about avoiding costly repairs—it's about safeguarding our communities and the local environment," said Mike Doran, Senior Vice President, Deputy Chief Operating Officer & Chief Health and Safety Officer, American Water. "Proper disposal of fats, oils, and greases keeps your plumbing clear, prevents sewer backups, and helps ensure that safe, clean water continues to flow for everyone."

Follow these helpful tips on how to properly dispose of FOGs:

- Don't rinse FOGs down the drain. Even a powerful disposal can't keep them from clogging pipes.
- Use a strainer, not the drain. Install a basket in the sink and toss trapped food scraps in the trash.
- Scrape before you wash. Remove all food scraps and FOGs from dishes into the trash first.

By following these simple steps, everyone can enjoy a festive season while helping to protect pipes, homes, and the environment.

About American Water
American Water (NYSE: AWK) is the largest regulated water and wastewater utility company in the United States. With a history dating back to 1886, We Keep Life Flowing® by providing safe, clean, reliable and affordable drinking water and wastewater services to more than 14 million people with regulated operations in 14 states and on 18 military installations. American Water's 6,700 talented professionals leverage their significant expertise and the company's national size and scale to achieve excellent outcomes for the benefit of customers, employees, investors and other stakeholders.

For more information, visit amwater.com and join American Water on LinkedIn, Facebook, X and Instagram.

Media Contacts

Alicia Barbieri

Director, Corporate Communications and External Affairs

(856) 676-8103

Alicia.Barbieri@amwater.com

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