

# Iowa American Water Shares How to Dispose of Fats, Oils, and Grease During the Holiday Season to Safeguard Plumbing & Wastewater Systems

DAVENPORT, IOWA – NOVEMBER 25, 2025 – Iowa American Water wants to help customers and the general public protect their residential plumbing and wastewater systems by providing important tips for disposal of Fats, Oils and Cooking Grease (FOGs).

“Protecting your pipes can prevent expensive repairs—properly disposing of fats, oils, and greases keeps plumbing clear, reduces sewer backups, and helps ensure safe, clean, reliable water for our communities,” said Tony Loete, Vice President of Operations. “By developing good disposal habits, households can contribute to healthier local waterways and a stronger infrastructure for all.”

Follow these helpful tips on how to properly dispose of FOGs:

- Don't rinse FOGs down the drain. Even a powerful disposal can't keep them from clogging pipes.
- Use a strainer, not the drain. Install a basket in the sink and toss trapped food scraps in the trash.
- Scrape before you wash. Remove all food scraps and FOGs from dishes into the trash first.

For more information on things that should never go down your drain, [click here](#).

By following these simple steps, everyone can enjoy a festive season while helping to protect pipes, homes, and the environment.

## About Iowa American Water

Iowa American Water, a subsidiary of American Water (NYSE: AWK), is the largest regulated water utility in the state, providing safe, clean, reliable and affordable water and wastewater services to approximately 227,000 people.

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